

## ANTIPHONS FOR THE VENERATION OF THE HOLY CROSS

Third Sunday of Lent

### First Antiphon (Psalms 4, 59, and 67, LXX)

*Verses (Intone in Second Tone):*

1. Ἐσημειώθη ἐφ' ἡμᾶς τὸ φῶς τοῦ προσώπου σου, Κύριε.
2. Ἐδωκας τοῖς φοβουμένοις σε σημειώσιν τοῦ φυγεῖν ἀπὸ προσώπου τόξου.
3. Ἀνέβης εἰς ὕψος, ἠχμαλώτευσας αἰχμαλωσίαν.

*Refrain:* Ταῖς πρεσβείαις τῆς Θεοτόκου...

*Verses (Intone in Second Tone):*

1. Lord, lift up the light of Your countenance upon us.
2. You have given a banner to those who fear You, that it may be displayed because of the truth.
3. You have ascended on high, You have led captivity captive.

*Refrain:* Through the intercessions of the Theotokos...

### Second Antiphon (Psalms 97, 131, and 73, LXX)

*Verses (Intone in Second Tone):*

1. Εἶδον πάντα τὰ πέρατα τῆς γῆς τὸ σωτήριον τοῦ Θεοῦ ἡμῶν.
2. Προσκυνησομεν εἰς τὸν τόπον, οὗ ἔστησαν οἱ πόδες αὐτοῦ.
3. Ὁ δὲ Θεὸς βασιλεὺς ἡμῶν πρὸ αἰώνων, εἰργάσατο σωτηρίαν ἐν μέσῳ τῆς γῆς.

*Refrain:* Sosen imas, Ie Theou, o anastas ek nekron...

*Verses (Intone in Second Tone):*

1. All the ends of the earth have seen the salvation of our God.
2. Let us worship at His footstool.
3. For God is my King from of old, Working salvation in the midst of the earth.

*Refrain:* O Son of God, Who arose from the dead...

### Third Antiphon (Psalm 98, LXX)

*Verse (Intoned in First Tone):*

Ἐψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.  
Exalt the Lord our God, And worship at His footstool.

*Chant the Apolytikion of the Holy Cross, then the regular small entrance hymn for Sundays*

*Repeat the Apolytikion of the Holy Cross and other apolytikia.*