

APOLYTIKION OF ST. JOHN OF THE LADDER  
YOUR ABUNDANT TEARS

Fourth Sunday of Lent

Plagal Fourth Tone

N. Takis

Moderato

Your a - bun - dant tears made the wil - der - ness  
sprout and bloom, and your deep sigh - ing  
made your la - bor fruit - ful one - hun - dred - fold.  
You be - came a star shin - ing o - ver the world with  
mir - a - cles, our ho - ly Fa - ther John; in - ter -  
- cede with Christ God to save our souls.